



UNIVERSITÀ
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1240



European and British Chapters of the
Society for Psychotherapy Research



Methods Workshop



Investigating the Complexity of Rupture and Repair in Psychotherapy Research.

Quantitative, Qualitative, and Mixed Methods.

Co-Sponsor

University of Siena

Mind Force Society

Scuola di Psicoterapia Integrativa Interdisciplinare

Complexity Science in Psychotherapy, Special Interest Group SPR-SIG

21-24 May 2025,
Certosa di Pontignano,
Siena



*"We shall not cease from exploration
And the end of all our exploring
Will be to arrive where we started
And know the place for the first time"*

Location of the Workshop & Symposium
The University of Siena (Tuscany, Italy), Certosa of Pontignano
<https://www.lacertosadipontignano.com/en/index.php>

Workshop

Wednesday, 21st of May

Arrival of attendees; welcome dinner, informal discussions

Thursday, 22nd of May

Opening of the Workshop, Setting Goals and Pathways

Morning Session:

Orya Tishby, Opening Lecture

Afternoon sessions:

Franco Orsucci & Wolfgang Tschacher – Recurrence Plots and Surrogate Synchrony

Miguel Goncalves & Joao Tiago Oliveira - Change processes: Assessing narrative markers

Fredrick Falkenstrom - The Assessment of Rupture and Repair

Liz Forbat – Meta-synthesis

Friday, 23rd of May

Morning session:

Svenja Taubner – Reflective Functioning

Franco Orsucci – Dynamics in Pattern Formation and Transformation

Afternoon sessions:

Joel Vos – Meta-analysis

Biljana van Rijn – Using the case study methodology to investigate the therapeutic process

Günter Schiepek – The Synergetic Navigation System

Antonella Cirasola and Nick Midgley – The Alliance and Rupture-Repair Work with Adolescents

Evening Keynote Lecture

Catherine Eubanks – Rupture and Repair, History and Futures

Saturday, 24th of May

Morning Session:

Wolfgang Tschacher – Methodology Integrations in Rupture and Repair

Open Table Discussion – Developing a Mixed Methods Research Proposal and Paper.

Registration

Please register on:

<https://www.psychotherapyresearch.org/page/SPR-UK-EU-MethodWorkshop>

Accommodation

Lodging in the enchanting landscapes of Tuscany, is affordable and comfortable.
Please call or email to book, specifying that you are attending our Workshop & Symposium.

Certosa di Pontignano <https://www.lacertosadipontignano.com/en/index.php>
Phone +39 0577-1521104 E-mail info@lacertosadipontignano.com

Tenuta di Monaciano <https://www.monaciano.com/en/>
Phone +39 0577 356805 E-mail info@monaciano.com

Additional booking options available in B&B, Airbnb and hotels in the area.

Scientific Committee: Franco Orsucci, Orya Tishby, Biljana van Rijn

Siena: A Glimpse into History and Attractions

History:

Siena is a historic city located in the heart of Tuscany, Italy. It is known for its medieval architecture, rich history, and vibrant cultural heritage. The Etruscans founded the city and later flourished during the Roman era. However, its golden age came during the Middle Ages when it became a major center of banking and trade. The city is famous for its fierce rivalry with Florence, which led to numerous conflicts and shaped much of its history.

Key Attractions:

1. **Piazza del Campo:** This shell-shaped square is the heart of Siena and one of Europe's most beautiful medieval squares. It is the site of the famous *Palio di Siena* horse race, held twice a year.
2. **Siena Cathedral (Duomo di Siena):** This stunning example of Gothic architecture is adorned with intricate marble work, sculptures, and stunning frescoes. The interior is equally impressive with its striped marble columns and mosaic floors.
3. **Torre del Mangia:** This towering structure stands tall above Piazza del Campo, offering breathtaking views of the city and the surrounding Tuscan countryside.
4. **Palazzo Pubblico:** This historic town hall houses the Museo Civico, which features impressive frescoes and artworks depicting Siena's rich history and civic pride.
5. **Basilica di San Domenico:** A beautiful church known for its striking Gothic architecture and Saint Catherine of Siena relics, one of Italy's patron saints.
6. **Pinacoteca Nazionale:** An art museum showcasing an extensive collection of Siennese paintings from the medieval and Renaissance periods.

Siena is a city that effortlessly blends its rich historical past with a vibrant cultural present. Whether you're strolling through its charming streets, exploring its architectural marvels, or experiencing its lively festivals, Siena offers a captivating journey through time.

The **Certosa di Pontignano**, also known as Saint Peter's Charterhouse, is a Carthusian monastery and church located in Pontignano, within the town limits of Castelnuovo Berardenga, a few kilometers north of Siena. Here's a brief overview of its history and attractions:

- **Foundation:** The monastery was originally commissioned in 1343 by Bindo di Falcone Petroni, nephew of Cardinal Riccardo Petroni.
- **Prominent Monks:** One of the more notable monks was the blessed Stefano Maconi, who served as a translator and secretary for Saint Catherine of Siena.
- **Rebuilding:** The complex was mostly destroyed by a sack and fire in 1554 but was rebuilt and redecorated in the following decades. It was reconsecrated in 1607.
- **Modern Use:** After the expulsion of the monks in 1810, the complex passed through various hands until it was acquired in 1959 by the University of Siena. Today, it hosts academic meetings, conventions, events and celebrations.

Key Attractions:

- **Church of San Pietro:** The church is richly frescoed with stories of Saint Peter, featuring works by the Florentine artist Bernardino Poccetti.
- **Cloister:** The large cloister is a peaceful area where monks once lived, with twelve cells surrounding it.
- **Wooden Choir:** The wooden choir, dating back to 1590, is a beautiful example of craftsmanship.
- **Study Meetings and Events:** The monastery now serves as a congress center for the University of Siena, hosting study meetings, conferences, and various events.

The Certosa di Pontignano is a serene and historically rich site, offering a glimpse into monastic life and Tuscany's cultural heritage. It's a wonderful place to visit if you're interested in history, art, and peaceful surroundings.

TRAVEL ADVICE

Travel from Pisa to Siena

By Train:

- Duration: Approximately 1 hour 57 minutes
- Cost: €9–21

- Route: Take a train from Pisa Centrale to Siena via Empoli. No direct trains available. Otherwise Pisa to Florence, then from Florence to Siena.

- Frequency: Around 56 trains per day

By Bus:

- Duration: Approximately 2 hours 10 minutes
- Cost: €1–27

- Route: Direct bus services available. Depart from Pisa station and arrive at Siena.

- Frequency: 3 times a day

By Car:

- Duration: Approximately 1 hour 38 minutes
- Cost: €21–30 for fuel (depending on vehicle efficiency)

- Route: Take the Strada Grande Comunicazione Firenze-Pisa-Livorno (RA3)

Getting from Florence to Siena:

By Train:

- Duration: Approximately 1 hour 30 minutes
- Cost: €6–18

- Route: Direct trains from Firenze Santa Maria Novella (S.M.N.) to Siena. Trains run hourly.

- Frequency: Up to 16 trains per day

By Bus:

- Duration: Approximately 1 hour 14 minutes
- Cost: €1–12

- Route: Direct bus services from Firenze Autostazione to Siena. Buses depart hourly.

- Frequency: Around 234 buses per week

By Car:

- Duration: Approximately 1 hour
- Cost: €13–19 for fuel (depending on vehicle efficiency)

- Route: Take the Strada Statale 67 (SS67) or the RA3

Getting from Rome to Siena:

By Train:

- Duration: Approximately 3 hours 56 minutes
- Cost: €21–89

- Route: Take a train from Roma Termini to Siena via Firenze S.M.N. No direct trains are available.

- Frequency: Multiple daily trains

By Bus:

- Duration: Approximately 2 hours 45 minutes
- Cost: €10–35

- Route: Direct bus services from Roma, Autostazione Tiburtina to Siena. Buses depart every four hours.

- Frequency: Around 107 buses per week

By Car:

- Duration: Approximately 2 hours 23 minutes
- Cost: €41–59 for fuel (depending on vehicle efficiency)

- Route: Take the E35 and E78 routes

To travel from Siena to Certosa di Pontignano, you have a few options:

By Bus:

- Duration: Approximately 21 minutes
- Cost: €1–3

- Route: Direct bus services from Siena to Certosa di Pontignano. Buses depart every four hours.

- Frequency: Around 234 buses per week

By Taxi:

- Duration: Approximately 11 minutes
- Cost: €15–19

- Route: Direct taxi services available from Siena